

Mayesbrook Park, Seabrook & Erkenwald

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Main choice	Cumberland sausages with Onion Gravy & Mashed Potato (M1)	Chicken Curry with rice (M1)	Minced Beef Lasagne with Garlic Bread (M1)	Roast of the day & Yorkshire Pudding with Roast Potatoes (M1)	Fish Fillet & Chips (M1)
<u>Vegetarian Option</u>	Vegetable Sausages with Onion Gravy & Mashed Potato (M1)	Vegetable & Quorn Curry with Rice (M1)	Vegetarian Lasagne with Garlic Bread (M1)	Roast Quorn fillet dinner with Yorkshire pudding & Roast Potatoes (M1)	Macaroni Cheese (M1)
<u>Vegetables</u>	Sweetcorn Or Carrots (M1)	Peas (M1)	Sweetcorn Or Mixed salad (M1)	Broccoli Or Sliced carrots (M1)	Peas Or Organic Bake Beans (M1)
Jacket potato Bar	Cheese Or Tuna Mayo (M2)	Cheese Or Beans (M2)	Cheese Or Coleslaw (M2)	Cheese Or Tuna Mayo (M2)	Cheese Or Beans (M2)
Plated salad	Cheese, Tuna, or Ham (M3)	Cheese, Tuna, or Ham (M3)	Cheese, Tuna, or Ham (M3)	Cheese, Tuna, or Ham (M3)	Cheese, Tuna, or Ham (M3)
Baguette /Wrap Bar Baguette fillings are, Tuna, Cheese, ham or chicken (salad optional)	Chicken Wraps Or Baguette (M4)	Baguette (M4)	Chicken Wraps Or Baguette (M4)	Baguette (M4)	Baguette (M4)
<u>Dessert of the Day</u> <u>Week 1</u>	Raspberry Mousse & Wafer Crisp	Chocolate Sponge & Chocolate Sauce	Apple Crumble & Custard	Strawberry Jelly & Cream	Shortbread Biscuits
<u>Dessert of the Day</u> <u>Week 2</u>	Pancakes with Chocolate Sauce	Orange Jelly & Mandarin Segments	Strawberry Glazed Cake	Vanilla Ice Cream Tub	Chocolate Crunch Cake

Mayesbrook, Seabrook & Erkenwald meal deals (Lunch Only)

Meal deal £2.30

(M1) Monday meal deal – 3 x Cumberland Sausages or 3 x Vegetarian Sausages served with Mashed Potato, Vegetables & Dessert of the day

(M1) Tuesday meal deal – Chicken or Quorn curry and rice served with peas & Dessert of the day

(M1) Wednesday meal deal – Minced Beef Lasagne or Vegetable lasagne served with Garlic Bread, sweetcorn or mixed salad & Dessert of the day

(M1) Thursday meal deal – Roast meat or Quorn Fillet with Yorkshire pudding served with roast potatoes, sliced carrots or broccoli & Dessert of the day

(M1) Friday meal deal – Coated fish fillet with chips and vegetables, or mac and cheese with vegetables & Dessert of the day

(M2) Jacket Potato Meal Deal – Jacket Potato with any 1 filling of the day & Dessert of the day.

(M3) Plated Salad Meal Deal – Any plated salad & Dessert of the day.

(M4) Baguette/Wrap Meal Deal – Choose from a Cheese, ham, Tuna or chicken baguette & Dessert of the day.

(On specified days only, you can swap the baguette for a chicken wrap)